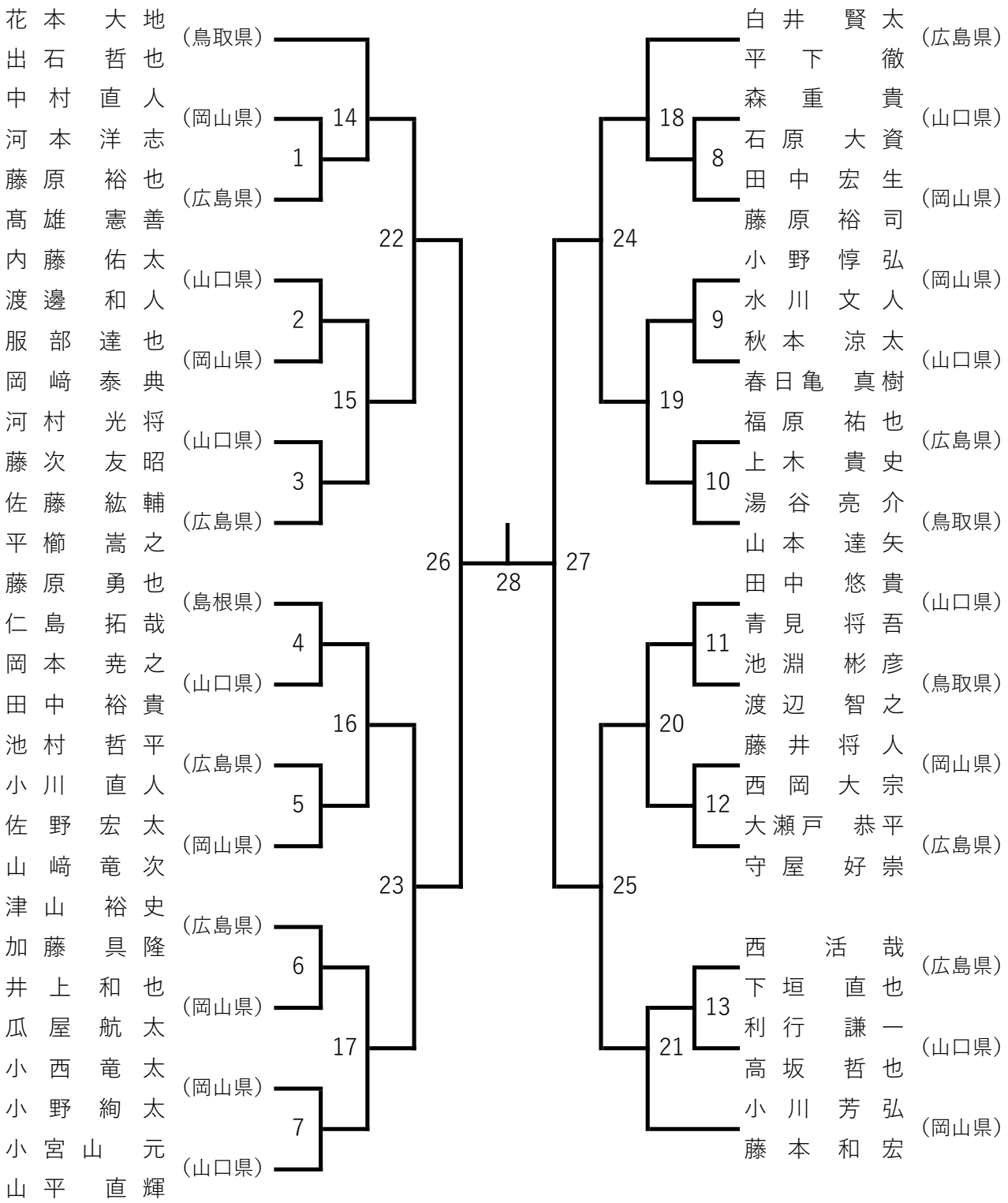３０歳以上男子複（３０MD）