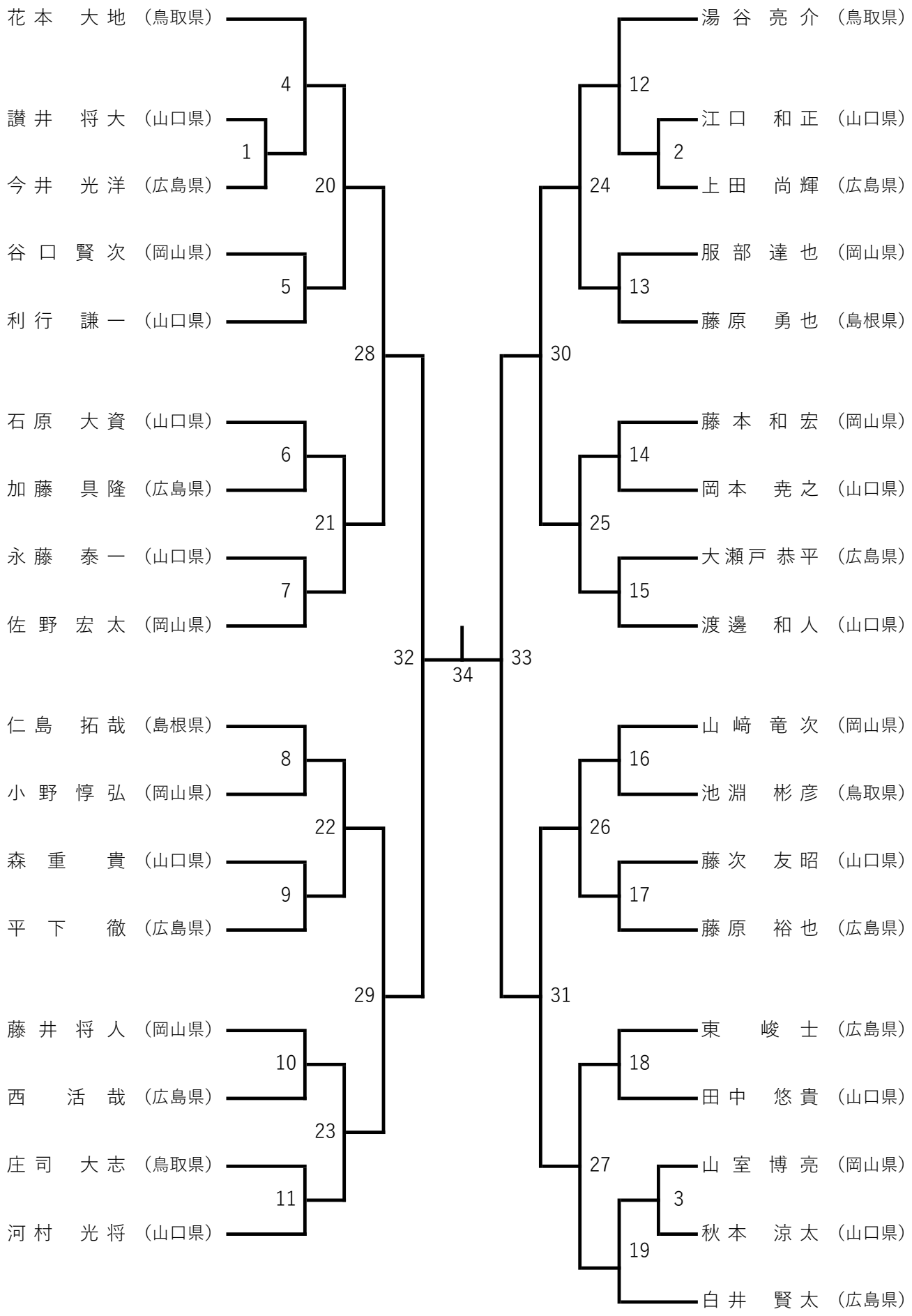３０歳以上男子単（３０MS）