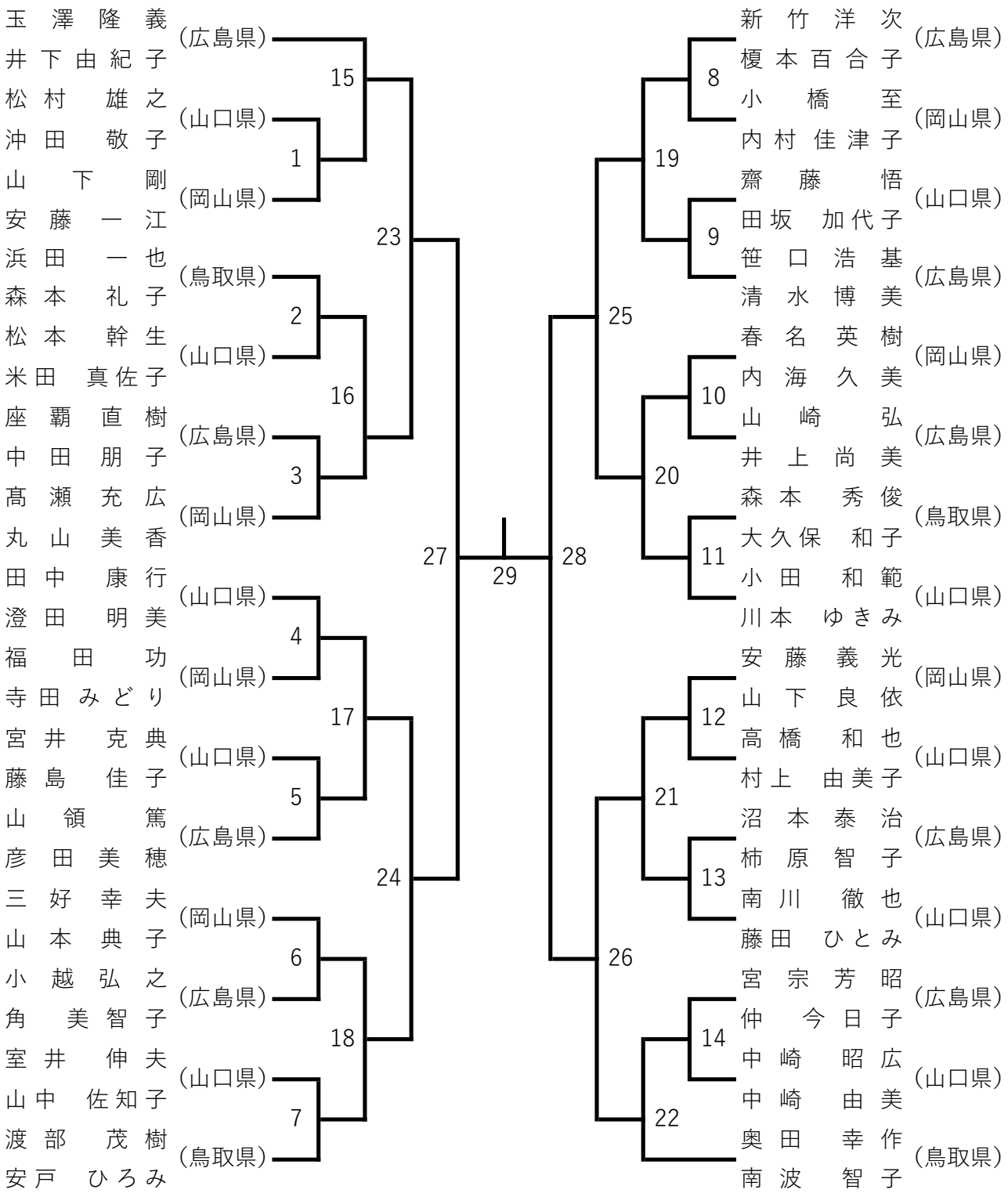５０歳以上混合複（５０XD）